





January 2025

Community Room Event Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7 Adult Resource Alliance West End 10AM - 11:30AM	8 Healthy Habits to Use As You Age 10AM - 12PM  SilverSneakers 12:30PM - 1:30PM	9 How to Make Your Retirement Savings Last 11AM - 12PM	10 Crafters Cafe 1PM - 3:30PM
13	14 Coffee & Cataracts 9AM - 10AM	15 Lower Back Pain w/ North 40 11AM - 12PM  SilverSneakers 12:30PM - 1:30PM	16	17 Winter Craft Fair 9AM - 4PM
20	21	22  SilverSneakers 12:30PM - 1:30PM	23 Monthly Bingo 2PM - 4PM	24
27	28	29  SilverSneakers 12:30PM - 1:30PM	30 Crafters Cafe 1:30PM - 4PM	31