



























June 2025

Community Room Event Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Strength & Mobility w/ SilverSneakers® 9AM-10AM 			 Chair Yoga with SilverSneakers® 3PM-4PM 
Understanding Medicare 11AM-2PM 	 Strength & Mobility w/ SilverSneakers® 9AM-10AM  Seasons of Healing Grief Group 10AM-11AM	Missoula Calligraphy Guild 12:30PM-3:30PM 		 Chair Yoga with SilverSneakers® 3PM-4PM 
Monthly Bingo Bash 2PM-4PM 	 Strength & Mobility w/ SilverSneakers® 9AM-10AM  Navigating Age in Place 11AM-12PM Seasons of Healing Grief Group 12PM-1PM Harp Circle 1:30PM-3:30PM	Connection Cafe 1PM - 3PM 	Juneteenth Clinic Closed Regular Business Hours Will Resume on 6/20 	 Chair Yoga with SilverSneakers® 3PM-4PM 
Understanding Medicare 11AM-3:30PM 	 Strength & Mobility with SilverSneakers® 9AM-10AM 			 Chair Yoga with SilverSneakers® 3PM-4PM 