









May 2025

Community Room Event Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div>1</div> Exploring Senior Housing Options & Staying Safe from Scams 12PM-1PM	<div>2</div> Building Foundations of Caregiving 9AM-10AM
<div>5</div>	<div>6</div> Medicare Jeopardy with Team West Insurance 10:30AM-11:30AM  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>7</div> Medicare Meetup: Ask the Expert 12PM-2PM	<div>8</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>9</div> Supporting Independence 9AM-10AM
<div>12</div>	<div>13</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>14</div>	<div>15</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM Fall Prevention Clinic 2PM-3PM	<div>16</div> Communicating Effectively 9AM-10AM Monthly Bingo Bash 2PM-4PM
<div>19</div>	<div>20</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>21</div>	<div>22</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>23</div> Responding to Dementia-Related Behaviors 9AM-10AM
<div>26</div>	<div>27</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>28</div> Arthritis Workshop 12PM-1PM	<div>29</div>  Strength & Mobility by SilverSneakers® 12:30PM-1:30PM	<div>30</div> Exploring Care & Supporting Services 9AM-10AM